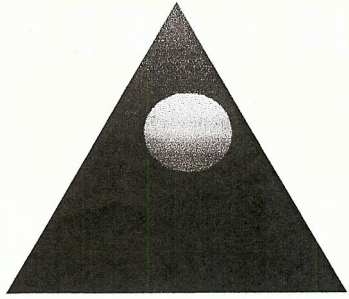


Sunset/Sunrise Group of Alcholoics Anonymous



March Newsletter

Editor: Barry H. 818-601-1892 * barryink@verizonmail.com

Unity - Recovery - Service

THURSDAY SPEAKERS IN MARCH

3/5. T.B.A.

3/12. Jack K.
Of Redondo Beach

3/19. Nancy C.
Of Downey

3/26. Mathew M.
Of Redondo Beach

SATURDAY SPEAKERS IN MARCH

7-Mar-2009

John C.
-Santa Barbara
Step 8 & 9

14-Mar-2009

Michealine F. -Escondido
Step 8 & 9

21-Mar-2009

Michael C. -Paramount
Step 10 & 11

28-Mar-2009

Nancy N. -Tujunga
Step 10 & 11



Greetings!

"Welcome! I'm Ray." The Greeter Commitment is one of the most important and rewarding "jobs" in any home group. The Greeter is often the first A.A member that the new man or woman comes in contact with - the first handshake - the first smile. As with most A.A. commitments, being a greeter is a win-win situation. It benefits both the greeter and the greeted. For the new man or woman it acknowledges their presence and breaks the ice of feeling new and separate. For the Greeter it gets him out of self and focusing on another person.

When I was brand new, I attended a meeting where the greeter was a guy named Ray. I found out later he was also the Secretary, the Coffee Guy and the Literature Person. Ray always made it a point to make me feel welcomed. He'd give me a handshake or a big hug whenever he saw me - but more importantly - he remembered my name.

Around my third or fourth meeting, Ray told me he needed a big favor. I wanted to do anything for the guy who had made me feel a part of the group. He said he needed a Literature Guy for the meeting. My knee-jerk reaction was to say NO - but I didn't want to let down the guy who had been so kind to me - so I sucked it up and said the magic word: Yes.

That first commitment got me involved and out of my self. When I didn't want to go to the meeting, I would remember that Ray was counting on me to do the literature report. Today, three and a half years later, Ray and I are fast friends and he is a big part of my program - it all started with Ray being of service as a greeter.

WHERE WE MEET

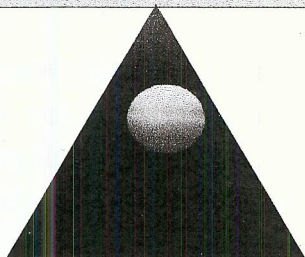
THE SUNSET GROUP meets every Thursday night from 7:00 - 8:30 P.M. at 14701 Friar Street, Van Nuys, at the corner of Cedros Avenue near Van Nuys and Victory Blvds.

THE SUNRISE GROUP BIG BOOK STEP STUDY meets every Saturday morning from 8:15-9:30 A.M. on the 2nd floor of the Pinz Bowling Center, @12655 Ventura Blvd., just east of Coldwater Canyon Blvd.

THE SUNSET GROUP BIG BOOK STUDY meets every Tuesday night from 7:00 - 8:00 P.M. at The Vineland A.D.H.C. Center, @ 5629 Vineland Avenue, just north of Burbank Blvd. Parking is in the back, off Ensign Avenue.

HOLIDAYS

When our meeting site is closed, we participate in marathon meetings at Unit A, 10641 Burbank Blvd. North Hollywood.



Unity - Recovery - Service

WORKSHOP IN THE WORKS

The Sunset Group
of
Alcoholics Anonymous
Presents

The 3 Legacies of Alcoholics Anonymous
With Debbie D. of Concord, CA

ON:

July 26, 2009.

In Van Nuys, CA

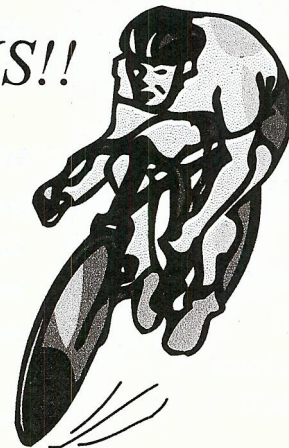
Series of Meetings focused on the 3 Legacies
Recovery, Unity & Service
Starts at 9:00 am until 5:00pm

Complementary Continental Breakfast & A Hot Lunch
Donations Welcome July 26, 2009

For info call:

Donna at (818) 239-6889
or donna@bjoinfilms.com

TOUR DE BOOKS!!



LANCE RIDES AGAIN!!!

He's Back! On June 6th, 2009, our very own Lance R. will mount his trusty Univega 12-speed and participate in BIKING FOR BOOKS at Woodly Park in Encino. BIKING FOR BOOKS helps provide Big Books and other literature for Hospitals and Institutions. Last year Lance rode for 11 miles. This year he is shooting for 15 miles. To find out more about being a BIKING FOR BOOKS Sponsor, please talk to Lance R., 818-419-2244.